



DEVELOPMENT OF A CARE SYSTEM FOR THE ELDERLY

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The elderly tend to increase continuously. In the increase of the elderly, every year, there will be healthy elderly able to help themselves, not being a burden to most of the time, while the other part is necessary to be taken care of. family members, communities and nursing homes to maintain and rehabilitate the body as well as to support the last period of life as best as possible. Therefore, the community should study and understand the integrated elderly care system in order to be able to cooperate with agencies. and various parties To care for the health of the elderly effectively.





TODAY'S AGENDA

1

Type of elderly

2

Health care for the elderly

3

Main activities of elderly care

4

Quality of life support system for the elderly

TYPE OF ELDERLY

1 Good self-help group

2 Some self-help groups

3 low self-help group





1

Good self-help group

This group of elderly people have good general health, can help themselves, have some chronic diseases, but can control the disease, participate in social activities and help others.

Caring for the health of the elderly, self-sufficient groups

1. Focus on health and disease prevention
2. Delay aging/body degradation
3. Prepare the environment to help prevent falling or other accidents.
4. Let the elderly socialize and make friends.
5. Plan social and economic management in daily life.
6. Provide space for the elderly to show their potential and create value for themselves.
7. Promote Thai culture and traditions
8. Integrating care with network partners

2

Some self-help groups

Elderly people in this group will have many chronic diseases such as diabetes and blood pressure. Most of them have complications that prevent them from being able to move normally. This group of elderly people are limited in their participation in social activities.

ผลลัพธ์ (อังกฤษ) 2:

3

low self-help group

These elderly people are unable to support themselves, have many chronic diseases, have complications, end-stage illnesses, and are unable to participate in social activities.

Quality of life support system for the elderly



*Thank
you!*