

Chapter 9 Thai incense

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Topics

- Meaning and types of Thai incense.
- Thai plants and spices of Thai incense
- Traditional Thai incense production process



Importance and meaning of Thai incense

- Thai incense has been around since ancient times. It is assumed that knowledge came from China and India. It is an indicator of national identity, which is the use of incense, herbs and flowers in Thailand.
- As for perfume, it should have been in the period after World War 2, considered a popular item for the upper class.
- Thai incense usually has a mild, cool, natural aroma by using the method of baking several times.
- Incense refers to things that are put together and have a pleasant aroma.
- Potpourri is a flower mixed with incense used in a gauze bag. to distribute at the wedding or special occasions

Types of Thai incense

1. Aromatic products such as fresh flower water, Thai scented perfume, scented cloth, flavored water, audio cologne, perfume.
2. Thai aromatic products such as talc powder Flower Pollen Flour
3. Thai aromatic spices, such as rum, washing clothes to make them smell good, beeswax for the mouth
4. Therapeutic Thai incense such as hand pomelo inhaler, balm, betel nut, various massage oils
5. Thai fragrances such as Buddhist offerings such as candles and incense sticks

Thai plants and spices of Thai incense



Thai plants and spices of Thai incense

1. Natural fragrance

- The animals are Ambergris Castoreum Civet and Musk.
- Plants can be obtained from flowers, bark, seeds, etc., which have 2 characteristics: aroma from essential oils and aroma from the resin.

2. Synthetic fragrances

- Comes from chemical additives
- physically sensitive easily changeable

Thai plants and spices of Thai incense

- Fragrant fresh flowers and leaves
- Fragrant flower pollen such as Sarapee, Bunnag, Pikul
- fragrant candle
- Different types of flour, such as stone flour or clay flour, chalk
- erect
- nutmeg
- real beeswax
- brown sugar
- white sugar
- frankincense
- kaffir lime skin
- musk wiping
- saffron
- Various perfume scents as you like, such as jasmine, rose, ylang-ylang
- sandalwood oil
- Borneo camphor

Traditional Thai incense production process

- There are many legends told to each other.
Manufacturers need experience. Observation is important
- It is a skill that cannot be seen, difficult to touch, requires high personal ability, must have a sensitive nose.
- Before production, one must know what is used to make incense first. knowing the proportions used
- Doing must be careful about cleanliness. must be very meticulous

How to make incense

1. Baking means flavoring with smoke. or flavored with fragrant flowers baking for a while The aroma permeates into the baked object. By baking must be baked in a container with a tight lid. Most of the flowers used for baking have a strong aroma, not overly sweet or sour. and baking with flowers
2. Rum means baking complex fragrances. And to do this by using a heated vessel and adding incense seasoned with herbs. or many kinds of incense To produce fragrant smoke such as frankincense, nutmeg wood When chanting incense, an important container must be used, namely a porcelain jar, not a glass jar because it is very hot. can damage the glass You need to use spears and bows.

How to make incense

3. Cooking means the combination of many things, many things together. In the case of incense, cooking is the use of flour, patchouli, perfume, musk, Thai perfume or other incense. Let's mix together to smell good.

Equipment needed to make Thai incense

- glazed porcelain bowl Use a wide-mouthed porcelain jar with a lid, not a glass jar.
- Thuan, a tall earthenware vessel Used to place in the middle of the tiled bowl to support the takan.
- Takan, an earthenware vessel resembling a dipping bowl. Use it to heat the fire and put it on the spear.
- A strong grind, used to grind medicines, incense, and various ingredients.
- spoon and measuring cup used to determine the proportion of items to be cooked
- Dipper should use a dipper made from coconut shells.
- Thin white cloth to filter powder and sediment
- funnel to filter liquids in a narrow-mouth container
- Brazier is used to burn takan and boil water.
- Charcoal tongs are used to grab charcoal that is hot when in use.
- Glass bottles or jars used to contain the finished incense.



Aromatic products, fresh flower water, Thai scented perfume, scented cloth, flavored water, audio cologne, perfume.

Fresh flower water



Fresh flower water

- Nam Dok Mai Fresh is the water that is obtained by baking or floating fragrant flowers on the surface of the water. will be the only flower or many types
- Popular flowers used to make such as Mon rose, jasmine, Champi, Champa, ylang-ylang, Chomnard.
- In making it, be careful that the flowers must not contain pesticides and not be bruised.
- Benefits of fresh flower water. Use to drink, mix to make syrup in desserts, use to make cooking water, mix with bath water.

How to make fresh flower water

- **Method number 1. Floating flowers on the water.**
 - Clean rainwater that has been boiled and cooled. Floating flowers in the evening. In the morning gently remove the floating flowers. Use a shallow, wide-mouthed container with a lid. Add a little water to spread the aroma.
 - thin petaled flower Small flowers should be in a small container. or floats above the water so that the petals are not bruised
 - Should float when the flowers bloom, should not be soaked for a long time because the flowers will be bruised and the water will not smell good.
 - Some flowers can float for 6-8 hours, such as jasmine, Mon rose, Tien King, Pikul, Lamjiak, Chamanat, ylang-ylang, glass flowers.
- **Method 2: Putting flowers in a container on the water**
 - Clean the porcelain jar that will be used to bake. Put the javelin in the center of the jar, light the baking candle, extinguish the candle, place it in the javelin, close the lid and leave for 3-5 minutes. Pour in the water to allow the water to mix with the candle smoke.
 - Loi jasmine, Pikul flower, ylang-ylang, either

Thai perfume



bring water floating with jasmine Come and dance with chanting and frankincense many times to fill the water with fragrance. It is popularly mixed with stone flour and patchouli. brought to bathe the Buddha image adult bath

Thai perfume

- **Nam Ob Thai** is boiled aromatic herbal water that is baked with frankincense smoke and baked candles, seasoned with flour and perfume to have a good smell. and ordinary Thai steamed water
- It is the most important incense in the incense making process because it has many uses, for example, it is used to mix to make powder. make an anointed face Mix the pencil enough to apply on the body when hot, reduce rashes, itchy, good smell, watering adults

How to make Thai perfume

- Ingredients 1: Thai scented water, pandanus leaves, chalum, fragrant sandalwood wood, water
- Ingredients 2: Rum, brown sugar, borneol, ground frankincense, shredded kaffir lime skin. Finely grated beeswax, grounded with a little musk oil little scented oil
- Ingredients 3: Pang Rum, stone flour, aromatic oil, smell as you like.
- Ingredients 4: fresh flower water

Nam Prung



Nam Prung is Nam Prung, which is cooked in western style, using pandan leaves, Niam leaves, and Sarapee flowers soaked in pure alcohol. will smell good and then cooked with fragrant oil proclaim one more time

How to make Nam Prung

- Utensils and condiments
 - Wide-mouth bottle, scented glass bottle, funnel, filter paper
 - Seasonings include various fragrant flowers or pandanus leaves, ethyl alcohol, patchouli, various fragrances.
- Method
 - Slice pandanus about 1 cm wide and put in a wide-mouthed container tightly. Pour ethyl alcohol to cover the pandan leaves, close the bottle lid and set aside for 1-2 hours. Put the water mixed with alcohol and pandan leaves filtered into a scented bottle, crushed patchouli, and shake well. Add fragrance to your liking. keep in a cool place

Thai aromatic products such as make-up
powder, powder, powder, powder Flower
Pollen Flour

Pang Rum



Made from stone flour, mixed with baked water or cooking water, then squeezed into white cloth into a pointed cone. When it's dry, pick it up and bake it with flowers and incense again. Used for making puff pastry

Pang Puang/ Bunch of flour



Bring pencil flour to cook baking water and bring it to make small granules. with a thread to make a long string arranged in a bunch to bring a bunch of Uba to decorate the top of the Chada, the powder will gradually touch the face to be white

Thai incense, flavored spices, rum husk, washing clothes to make them fragrant, lip balm

Thai lip balm



Bring the honeycomb to a boil to produce wax candles. then braised with coconut oil then mixed with incense for use on lips to prevent chapped lips in winter or use on the surface of the Buddha image before covering the gold leaf

Dried potpourri



Bring dried Thai flowers to smell good. Well cooked water brought to put on gauze so that the fragrance spreads throughout the day

Fresh potpourri



More refined than dried potpourri bring fresh flowers to cook and burn the candles in the jar to arrange for a krathong put gauze on respected elders

Thai incense, therapeutic type, hand pomelo
inhaler, balm, betel nut, various body
massage oils

Hand grapefruit inhaler



Heart care incense Made from oranges (Pictured is grapefruit) mixed with frankincense, patchouli and various herbs. Contained in the Yadom Cave, I was delighted.

Hand grapefruit inhaler

Wash your hands or pomelo skins and bring to a boil. When warm, massage the boho oil to soften your hands. Add well-ground menthol, patchouli, clove oil, cinnamon oil, turpentine oil, rose essential oil or the desired scent mixed with orange. Grapefruit skin that has been kneaded well. divide the money to smell



Thai incense, Buddha offerings, candles
and incense sticks

Incense



Used for worshiping monks by bringing frankincense, nutmeg, cinnamon, incense powder to be squeezed with ripe bamboo on the slate to worship high auspicious things.

Baked Candles Bake Ram Thai Desserts



Unique Thai desserts must have a beautiful shape plus the smell smells good arising from training Made by simmering honeycomb in a brass pan, filtering, sprinkled with frankincense powder, bergamot skin, fragrant flowers and cut into candles.